

Statements about happiness

In speed dating, only the concrete statements should be written on the cards (not the words in brackets).

Happiness is ...

*...walking barefoot through
the grass.
(or: intact nature)*

*...always having the latest
smartphone.
(or: unlimited access to
technology and
Information)*

*...being able to do what I
feel like doing.
(or: leisure time)*

*...being rich.
(or: material security)*

*...being fit.
(or: health/physical
integrity)*

*...having many friends.
(meetings at eye level /
other people)*

*...being able to go
anywhere.
(or: peace)*